

Manage your plan online

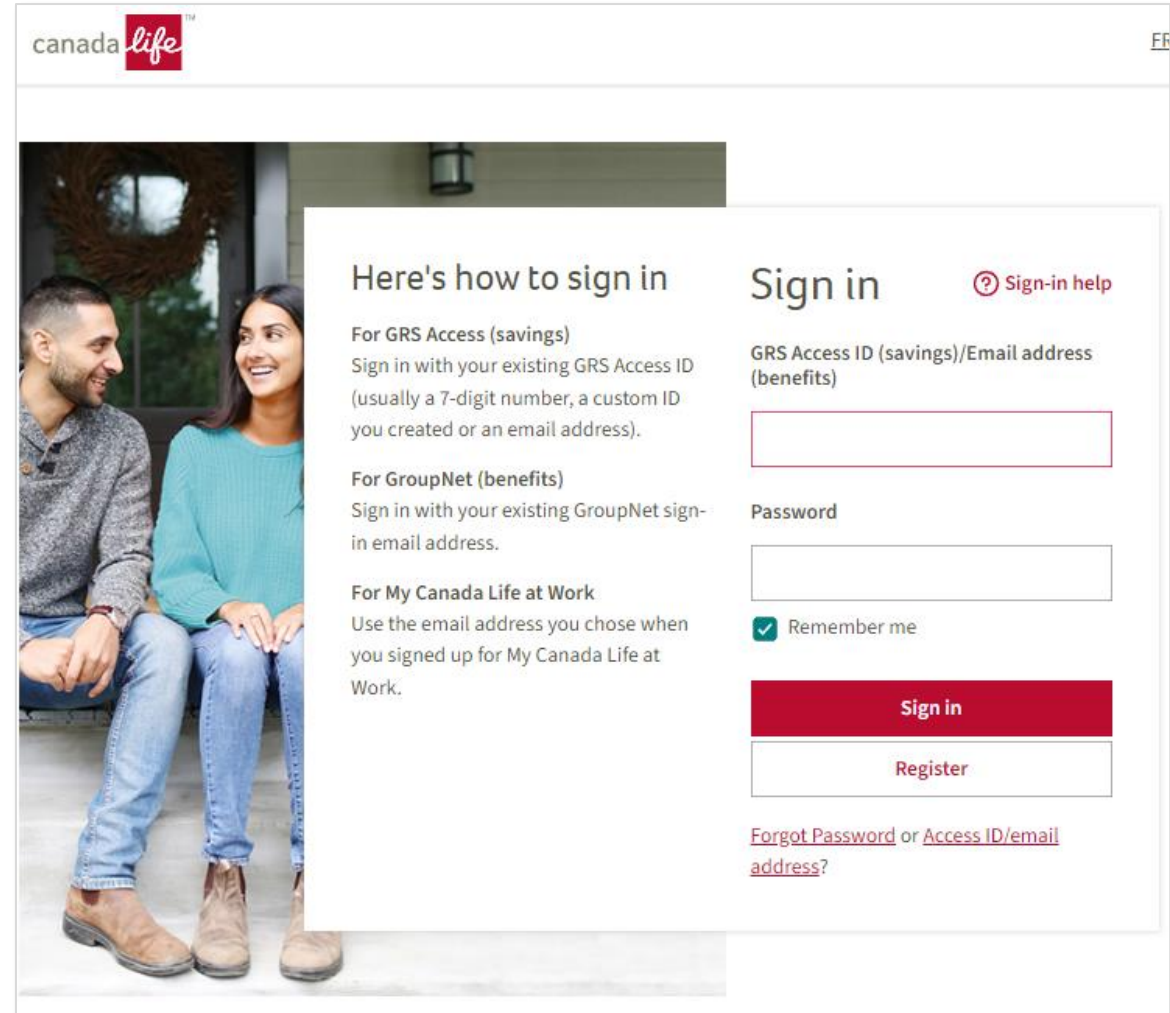
mycanadalifeatwork.com

Use your login credentials and
click on “**Sign in**”

Need help to log in?

Technical support

1-888-222-0775



The screenshot shows the Canada Life login page. At the top left is the Canada Life logo. Below it is a large image of a smiling man and woman sitting on a bench. Overlaid on the right side of the image is a white sign-in box. The box has a heading "Here's how to sign in" and three sections: "For GRS Access (savings)", "For GroupNet (benefits)", and "For My Canada Life at Work". To the right of these instructions is a "Sign in" section with a "Sign-in help" link. It contains two input fields for "GRS Access ID (savings)/Email address (benefits)" and "Password", a "Remember me" checkbox, and two buttons: "Sign in" (in a red box) and "Register". At the bottom of the sign-in box are links for "Forgot Password" and "Access ID/email address?".

canada life

Here's how to sign in

For GRS Access (savings)
Sign in with your existing GRS Access ID (usually a 7-digit number, a custom ID you created or an email address).

For GroupNet (benefits)
Sign in with your existing GroupNet sign-in email address.

For My Canada Life at Work
Use the email address you chose when you signed up for My Canada Life at Work.

Sign in [Sign-in help](#)

GRS Access ID (savings)/Email address (benefits)

Password

Remember me

Sign in

Register

[Forgot Password](#) or [Access ID/email address?](#)

My Canada Life at work – Overview page

The screenshot displays the 'Overview' page of the My Canada Life at work portal. The page is divided into several sections: a left-hand navigation menu, a main content area with a 'Summary' table, a 'Retirement goals' section with a bar chart, and a 'Savings and income plans' section at the bottom. Callout boxes with arrows point to specific elements: 'Navigation to pages for more information' points to the left menu; 'Summary of savings account, including balance' points to the 'Summary' table; 'Ability to set a retirement savings goal and track progress' points to the 'Retirement goals' chart; and 'Summary of savings plans and the ability to get more details with one click' points to the 'Savings and income plans' section.

Navigation to pages for more information

- Overview
- Contributions
- Savings +
- Info centre
- Resources +
- Options for you

Summary of savings account, including balance

Summary	
Total balance	Growth
\$301.72	\$101.72
Your contributions	Sponsor contributions
\$150.00	\$50.00

Includes contributions up to November 16, 2020

Ability to set a retirement savings goal and track progress

Retirement goals

Estimated income and expenses	Estimated monthly retirement income	Monthly retirement income goal
\$4,643	\$3,486	

Age 65 Retirement year 2050

Summary of savings plans and the ability to get more details with one click

Savings and income plans	Balance
REGISTERED PENSION PLAN (RPP)	\$76.52
REGISTERED RETIREMENT SAVINGS PLAN (RRSP)	\$150.93
TAX-FREE SAVINGS ACCOUNT (TFSA)	\$74.27

Profile

DEMO

Your profile

canada life™

Overview
Contributions
Savings +
Info centre
Resources +
Options for you

canada life™

CANADA LIFE DEMO POLICY FOR TESTING
[Plan details](#)

FR 2 BD

BERT DEMO GRANGER
mclaw.prod+08@gmail.com

Your profile ←

Plan details
Change password
Contact us
Sign out

Your profile

Personal information ←
View your date of birth, phone number, address and more. >

Plan details
Find your plan/policy number (certificate number) and >

Communication preferences
Set and view preferences for language, notifications and more. >

Security ←
Change your sign-in email address, password or additional security information. >

Beneficiaries and dependants ←
Add, change or remove your beneficiaries and dependants. >

From your profile you can access:

- Your personal information to view, change or modify your date of birth, phone number and home address
- Your beneficiaries to view, add, modify your group retirement savings plan beneficiary
- Security feature of your online plan to update your email address and/or change your personal login credentials
- And more...

DEMO

Plans info

canada *life*™

Overview

Contributions

Savings -

Plans info

Statements

Manage portfolio

Info centre

Resources -

Wellness

Mental health

Savings tips

Find a provider

Options for you

Plans

RPP | RRSP | TFSA

Registered pension plan

Your plan balance
\$123.03

Total RPP contributions
\$100.00

Rates of return ⓘ
24.59%
From Oct 5, 2020 to Sep 13, 2021

Funds

Balance
\$123.03

CONTINUUM 2050 (PSG)
100.00%

CONTINUUM 2050 (PSG)
Asset Allocation Funds

Summary	Rate of return
Your fund balance \$123.03	% of RPP 100.00%
Fees 1.58%	

Risk

Higher
Lower
Start Retirement

DEMO

Manage portfolio – Investment settings

The screenshot displays the 'Manage portfolio' section of the Canada Life website. On the left is a navigation sidebar with the following items: Overview, Contributions, Savings (highlighted), Plans info, Statements and reports, **Manage portfolio** (highlighted in red), Info centre, Resources, and Options for you. Below the sidebar, it says 'CANADA LIFE DEMO POLICY FOR TESTING' with a [Plan details](#) link. The main content area is titled 'Manage portfolio' and 'Investment settings', with the subtitle 'Customize your plans and funds.' It features six cards arranged in two rows. The top row includes 'Investment instructions' (highlighted with a red border), 'Maturing investments', and 'Automatic investment rebalancing'. The bottom row includes 'Fund to fund transfer' (highlighted with a red border), 'Cash withdrawal', and 'Enrolment express'. Each card contains an icon, a title, and a brief description of the feature.

canada **life**




Overview
Contributions
Savings —
Plans info
Statements and reports
Manage portfolio
Info centre
Resources +
Options for you

CANADA LIFE DEMO POLICY FOR TESTING
[Plan details](#)

Manage portfolio




Investment settings

Customize your plans and funds.

-  **Investment instructions**
Choose how your contributions are divided between funds.
-  **Maturing investments**
Set what will happen to guaranteed investments when they mature.
-  **Automatic investment rebalancing**
Enable or disable scheduled portfolio rebalancing.

Actions

Move money or sign up for more plans.

-  **Fund to fund transfer**
Move money between funds.
-  **Cash withdrawal**
Withdraw cash from your funds.
-  **Enrolment express**
Sign up for additional plans.

DEMO

Info center – Fund reviews, fees and returns

canada **life**™

Overview


Contributions

Savings +

Info centre

Resources +


Options for you



CANADA LIFE DEMO POLICY FOR TESTING

[Plan details](#)


Info centre for savings



Learning centre

Articles and tools to help you tackle finances with confidence.


[View articles >](#)



Member booklets

Detailed resources on policy, products and fee information.


[View booklets >](#)



Forms

The forms you may need to make requests and changes.


[View forms >](#)



Fund reviews and fees

An overview of investments available to you, as well as fees.

[View funds and fees >](#)



Net unit values and rates

Interest rates and the monetary value of fund units.

[View values and rates >](#)

DEMO